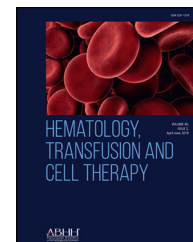




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Original article

Survey of Maximum Blood Ordering for Surgery (MSBOS) in elective general surgery, neurosurgery and orthopedic surgery at the Poursina Hospital in Rasht, Iran, 2017

Moein Moghaddamhamadi^a, Hossein Khoshrang^a, Seyed Sepehr Khatami ^{a,*}, Alireza Hooshmand Marvasti^b, Hoor Ghovvati Choshal^a, Simin Mehrkhah^a

^a Guilan University of Medical Sciences, Rasht, Iran

^b K.N. Toosi University of Technology, Tehran, Iran

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ABSTRACT

Introduction: Blood is a valuable life resource that depends on the donation of blood by the community. As a result, it is crucial that the manner in which this expensive resource is used be correct and reasonable.

Objective: The purpose of this study was to investigate the Maximum Blood Ordering for Surgery (MSBOS) in general, orthopedic and neurosurgical elective surgeries at the Poursina Hospital in Rasht in 2017.

Methods: According to the patient file number information, such as gender, age, type of surgery, number of blood units requested, number of cross-matched blood units, number of blood units transfusion, number of patients undergoing transfusion, number of patients who were cross-matched, initial hemoglobin and the underlying disease, was extracted from the HIS (Hospital Information System). Based on the collected data, a descriptive report of the cross-match to transfusion ratio (C/T), transfusion index (TI) and transfusion probability (%T) was performed, using average and standard deviation, by using the SPSS 16.

Results: In the present study, 914 patients from the neurosurgery, orthopedic and general surgery wards of the Poursina Hospital were studied. Of these, 544 were male (59.5%) and 370 were female (40.5%), aged 1–99 years, with a mean age of 43 years. The frequency distribution of C/T in this study was 1.29 in neurosurgery, 1.95 in orthopedic surgery and 1.96 in general surgery.

This study indicated that the C/T index was above the normal standard level in four different kinds of surgery, including leg fracture (2.71), cholecystectomy(2.71), forearm fracture (2.70), and skin graft (2.62). The C/T index was at the maximum normal level in thyroidectomy surgery (2.5). The other surgeries had the normal C/T index.

* Corresponding author at: Student Research Committee, School of medicine, Guilan University of Medical Sciences, Rasht, Iran Poursina Hospital, Parastar Street, P.O. Box: 41937-13194, Rasht, Iran.

E-mail address: seyedsepehrkhatami@yahoo.com (S.S. Khatami).

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Conclusion: Overall, all of the MSBOS indices were at the standard level in this study, although C/T indices were higher than the standard level in the surgeries for cholecystectomy, leg fracture, forearm fracture, hand fracture and skin graft.

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Introduction

Blood is a valuable life resource that depends on the donation of blood by the community. As a result, it is crucial that the manner in which this expensive resource is used be correct and reasonable.

In the United States, it is estimated that about 24 million units of blood and blood products are used annually for various diseases and injuries.^{1,2}

Blood transfusion is a common pre-operative process that requires 3 pre-transfusion processes, including blood cross-matching to find the appropriate blood product for the patient, which may not be used after all. Studies showed that in Africa, about 7–10 percent of all blood units are lost due to the excessive demand for blood.^{2,3}

Some disadvantages of unnecessary cross-matching are increased workloads in blood transfusion laboratories, loss of blood supply due to the expiration date and increased medical care costs.¹

Numerous evidence-based studies and guidelines by different nationalities emphasize the reduction in the use of blood units in surgical operations.⁴

Studies have suggested that cross-matched blood (at least 2 units) should be available before cardiac surgery due to the increased risk of bleeding in people undergoing cardiac surgery. However, recent studies have indicated that about 50% of people undergoing cardiac surgery did not receive any blood units.⁵

Numerous guidelines have been designed to determine the number of blood units required before surgery, including the MSBOS (Maximum Surgical Blood Ordering Schedule) which was first introduced in the 1970s. This guideline consists of tables showing the number of blood units that are routinely cross-matched for each specific surgery, eliminating unnecessary preoperative tests, improving costs, reducing the number of cross-matched blood units and assisting the blood bank management.^{3,6–9}

Many efforts have been made to improve this model due to the improvement of surgical technologies and new surgeries, such as laparoscopy. At each hospital, blood sampling programs are developed in collaboration with blood bank staff and major blood users, including surgeons and anesthesiologists.^{10,11}

Accordingly, a study based on the MSBOS model at the Firoozgar Hospital in Tehran in 2002 and a similar study at Jahrom hospitals in 2014 showed a high C/T ratio (cross-match to transfusion ratio), as well as a lower percentage of cross-matched blood units used.^{12,13}

According to previous studies on orthopedic and urological surgeries in the Guilan Province, the results indicated unfavor-

able blood transfusion conditions in the surgeries, but there are no studies on general surgeries and neurosurgeries in this province.

The purpose of this study was to investigate the Maximum Blood Order for Surgery (MSBOS) in general, orthopedic and neurosurgical elective surgeries at the Poursina Hospital in Rasht in 2017. The results of this study can be used to inform all those involved in the process of blood transfusion, with subsequent improvements in costs, time, and laboratory work.

Material and methods

To obtain the required information, a list was initially compiled which comprised all those for whom blood units were prepared up to 72 h after they had gone under general anesthesia in orthopedic surgery, neurosurgery and general surgery in 2017. Patients undergoing emergency surgery, patients with coagulopathy, febrile patients, patients with hemoglobin levels below 7 and patients with a history of reaction to blood transfusions were excluded. After the selection of patients for this study, based on the mentioned inclusion and exclusion criteria, 914 patients were chosen for the current study from 9 types of surgeries in the orthopedic ward, 4 types of surgeries in the neurosurgery ward and 11 types of surgeries in the general surgery ward. According to the patient file number, the information, such as gender, age, type of surgery, number of blood units requested, number of cross-matched blood units, number of blood units transfused, number of patients undergoing transfusion, number of patients who were cross-matched, initial hemoglobin and the underlying disease, was extracted from the HIS (Hospital Information System). The following three main indices were used to evaluate the use of blood units:

Cross-match to transfusion ratio (C/T ratio)

$$= \frac{\text{number of units cross-matched}}{\text{number of units transfused}}$$

A ratio lower than or equal to 2.5 was considered indicative of significant blood usage.

Transfusion probability (%T)

$$= \frac{\text{number of patients transfused}}{\text{number of patients cross-matched}} \times 100\%$$

Table 1 – Distribution number of blood units based on different variables.

Number of blood units/variables	Requested	Max	Min	Cross-matched	Max	Min	Transfused	Max	Min
<i>Type of surgery</i>									
Neurosurgery	701	8	1	337	5	0	261	4	0
Orthopedic surgery	1022	8	1	758	6	0	387	5	0
General Surgery	696	6	1	548	6	0	279	4	0
<i>Gender</i>									
Male	1381	8	1	940	6	0	522	5	0
Female	1038	8	1	703	5	0	405	4	0
<i>Age</i>									
Age <=15	83	6	1	69	4	0	25	3	0
15 < Age <= 30	537	8	1	356	6	0	185	5	0
30 < Age <= 45	567	8	1	391	5	0	201	4	0
45 < Age <= 60	734	8	1	470	4	0	302	4	0
60 < Age <= 70	392	6	1	271	4	0	166	4	0
70 < Age	106	5	1	86	4	1	48	3	0
<i>Primary Hb</i>									
Hb ≥ 10	301	8	1	183	5	0	132	4	
Hb < 10	2118	8	1	1460	6	0	795	5	
<i>Underlying disease</i>									
Yes	1558	8	1	1041	6	0	618	5	0
No	861	8	1	602	5	0	309	4	0
Total	2419			1643			927		

Max: maximum number of units which was requested, cross-matched or transfused for each patient; Min: minimum number of units which was requested, cross-matched or transfused for each patient.

A value greater than or equal to 30% was considered indicative of significant blood usage.

Transfusion index (TI)

$$= \frac{\text{number of units transfused}}{\text{number of patients cross-matched}}$$

A value greater than or equal to 0.5 was considered indicative of significant blood utilization.¹⁴

Based on the collected data, a descriptive report of C/T, TI, and %T was performed by using the SPSS 16. The descriptive analysis of quantitative variables was stated by using the mean and the standard deviation. The relative and absolute frequencies (percentages) were used to report the descriptive analysis of categorical variables.

Results

In the present study, 914 patients from the neurosurgery, orthopedic and general surgery wards at the Poursina Hospital were studied. Of these, 544 were male (59.5%) and 370 were female (40.5%), aged 1–92 years, with a mean age of 43.76 years (standard deviation (SD) = 18.76).

Twenty-four different surgeries in 3 wards were surveyed in this study. The greatest number of cases were spondylolysis surgeries (97) and the fewest, thyroidectomies (6).

Two hundred and fourteen participants (23.4%) were from the neurosurgery ward, 412 (45.1%) from the orthopedic surgery ward and 288 (31.5%) from the general surgery ward. The minimum number of blood units requested for these three wards was 1 and the maximum number, 8 (Table 1).

The frequency distribution of C/T in this study was 1.29 in neurosurgery, 1.95 in orthopedic surgery and 1.96 in general surgery. The highest C/T index was in leg fracture surgery (2.71) and cholecystectomy (2.71) and the lowest, in spondylolysis surgery (1.17), as shown in Table 2.

In the present study, 6 different age groups were studied, including the patients under 15 years, 15–30 years, 30–45 years, 45–60 years, 60–75 years and over 75 years. The lowest number of cross-matched blood units was zero and the highest was 6 (Table 1). The frequency distribution of the C/T index in this study showed that the greatest index was 2.76 in participants under 15 years and the lowest, 1.55 in participants 45–60 years. The C/T index in this study was 1.80 in male participants and 1.74 in female participants (Table 2).

This study indicated that the lowest participant primary hemoglobin was 7 g/dL and the highest, 17 g/dL. The patients were divided into 2 groups, based on primary hemoglobin over 10 g/dL and below 10 g/dL. The C/T was 1.38 in participants with hemoglobin above 10 g/dL and 1.83 in participants with hemoglobin below 10 g/dL. In the present study, 349 participants (38%) had no underlying disease and 565 (61%) participants had at least one underlying disease (Table 2).

According to Table 3, the highest frequency was related to the history of addiction and tobacco use with 277 cases (30%), and the lowest frequency was related to the history of psychiatric disease, with 2 cases (0.21%). This study noted that the C/T index was 1.94 in participants without any underlying disease and 1.68 in participants with at least one underlying disease (Table 2).

Table 2 – Descriptive analysis of variables.

	N	C/T	TI	T%
Type of surgery				
<i>Neurosurgery</i>	214			
Scoliosis surgery & Kyphectomy	9	1.25	1.33333	88.89%
Arthrodesis surgery	45	1.54	1.19048	88.10%
Vertebral fractures	63	1.428571	1.18868	88.86%
Spondylolysis surgery	97	1.178082	1.50515	100.00%
<i>Orthopedic surgery</i>	412	1.958656	0.994859	69.41%
Leg fracture	50	2.714286	0.68293	48.78%
Ankle fracture	43	2.466667	0.71429	57.14%
Clavicle fracture	60	2.152174	0.76667	58.33%
Arm fracture	51	2.04	1.04167	72.92%
Forearm fracture	33	2.708333	0.8	56.67%
Femoral fracture	84	1.528455	1.5375	95.00%
Knee fracture	17	2.416667	0.70588	52.94%
Acetabular & Pelvic fracture	34	1.245283	1.65625	96.88%
Hand fracture	40	2.636364	0.62857	54.29%
<i>General surgery</i>	288	1.964158	0.996429	73.93%
Mastectomy & Lymphadenectomy	27	2.08	1	80.00%
Hysterectomy	15	1.363636	1.46667	100.00%
Colectomy & Antrostomy & Cecostomy	34	1.477273	1.29412	94.12%
Tissue replacement & repair	27	2.368421	0.79167	66.67%
Cholecystostomy	81	2.719298	0.74026	62.34%
Thoracotomy & Tracheostomy	37	1.72973	1.05714	74.29%
Thyroidectomy	6	2.5	0.66667	66.67%
Muscle flap & tendon repair surgery	22	1.857143	1.05	70.00%
Gastrectomy	9	1.357143	1.55556	100.00%
Skin graft	12	2.625	0.66667	58.33%
Choledochectomy	18	1.882353	0.94444	66.67%
<i>Gender</i>				
Male	544	1.8	1.03	72.44%
Female	370	1.74	1.15	82.15%
<i>Age</i>				
Age < = 15	39	2.76	0.675676	56.76%
15 < Age < = 30	202	1.924324	1.010929	67.21%
30 < Age < = 45	222	1.945274	0.971014	71.50%
45 < Age < = 60	252	1.556291	1.268908	85.71%
60 < Age < = 70	151	1.63253	1.121622	83.11%
70 < Age	48	1.791667	1	81.25%
<i>Primary Hb</i>				
Hb ≥ 10	89	1.386364	1.571429	95.24%
Hb < 10	825	1.836477	1.023166	74.39%

Discussion

Restriction of the excessive blood unit usage before surgery is an important aspect in the enhancement of patient safety, reducing the cost and waste of blood transfusion. Excessive request for cross-matched blood can limit the access to blood units the patient needs, increase the burden on the blood bank staff, reduce blood bank reserves, allow blood units to expire and increase hospital treatment costs. To prevent the above, guidelines such as the MSBOS, have been created.⁴

Based on the results of the present study, in general, all the indices of the MSBOS (TI = 1.07, T% = 76.42, C/T = 1.77) were within the normal range (TI ≥ 0.5, T% ≥ 30%, C/T ≤ 2.5) in this hospital. However, the number of blood units requested (2419) in this academic center was significantly higher than the cross-matched (1643) and transfused (927) blood units, so only 67.92% of the total blood units requested were crossmatched

and 38.32% of all requested blood units were transfused. As an example, for an arthrodesis surgery in the neurosurgery department, eight units of blood were requested. Only five units of them were crossmatched and two units were transfused. Due to a defect in the recording of information in the HIS system, the data on neurosurgery and thyroidectomy operations were less than those for other surgeries.

In the present study, the MSBOS indices were evaluated in different surgeries, although overall values were within the standard level, the C/T index in cholecystectomy (2.719), calf fracture (2.714), forearm fracture (2.70), hand fracture (2.63) and skin graft surgeries (2.62), respectively, was higher than the standard level, the highest being in thyroidectomy surgeries (2.5). Other surgeries were within the normal range (Figure 1). Past studies showed a similar result, compared to the present study. In the study of Hosseini et al., 2016, on cholecystectomy surgeries, none of the MSBOS indices were within

Table 3 – Descriptive analysis of underlying disease.

	N	C/T	TI	T%
<i>Underlying disease</i>				
No	349	1.94822	0.953704	70.37%
Yes	565	1.684466	1.150838	80.07%
<i>Obstetrics and gynecology diseases</i>				
Yes	3	2	1	100.00%
No	911	1.771645	1.076923	76.34%
<i>Addiction</i>				
Yes	277	1.690236	1.125	78.03%
No	637	1.811111	1.055276	75.71%
<i>Cardiovascular diseases</i>				
Yes	243	1.64726	1.25	83.69%
No	671	1.829921	1.01	73.73%
<i>Diabetes mellitus</i>				
Yes	99	1.9	1.020408	76.53%
No	815	1.756953	1.83879	76.41%
<i>Gastrointestinal diseases</i>				
Yes	50	1.55	1.2	92.00%
No	864	1.787774	1.069051	75.46%
<i>Kidney disease</i>				
Yes	39	1.666667	1.166667	88.89%
No	875	1.777401	1.072727	75.88%
<i>Neurological diseases</i>				
Yes	85	1.712766	1.13253	79.52%
No	829	1.779112	1.070694	76.09%
<i>NSAID consumption</i>				
Yes	3	2	1	100.00%
No	911	1.771645	1.076923	76.34%
<i>Psychiatric diseases</i>				
Yes	2	1.333333	1.5	100.00%
No	912	1.77381	1.075669	76.37%
<i>Thyroid disease</i>				
Yes	51	1.642857	1.142857	79.59%
No	863	1.780712	1.07266	76.23%
<i>Pulmonary disease</i>				
Yes	49	1.795455	0.956522	73.91%
No	865	1.771234	1.083436	76.56%
<i>Others</i>				
Yes	10	1.846154	1.3	70.00%
No	904	1.771335	1.074031	76.50%

the standard level (C/T = 20, TI = 0.1, T% = 7.5%).¹⁵ Adegbeye et al., 2018, indicated that none of the MSBOS indices were at the standard level in forearm fracture surgeries in their study (T% = 12.5%, C/T = 15, TI = 0.12). However, the standard limit set in this study was different from the present study (T% > 50%, C/T < 2, TI > 0.5). Moreover, all the MSBOS indices in tibiofibular fracture surgeries were not within standard range (T% = 0%, C/T = 0, TI = 0). In their study, 3 patients underwent leg fracture surgery, 6 blood units were requested, and 2 units were cross-matched, but none of them were transfused.² In the studies by Khalili et al., 2002, (C/T = 11.8, T% = 8.69, TI = 0.26) and Hosseini et al., 2016, (C/T = 20.3, TI = 0.1, T% = 9.3%), all the MSBOS indices were higher than standard levels in thyroidectomy surgeries.^{12,15}

In the present study, all the MSBOS indices were totally within the standard level in all age groups, although the C/T

index (2.76) was higher than the established standard in the under 15 years group, requiring further study to establish the cause. Other age groups had desirable MSBOS indices at the standard level. In the study by Soleimanha et al., 2015, the highest C/T was in those under 20 years (4.48). However, only orthopedic surgeries were studied in their study.¹¹

In the present study, both groups (hemoglobin less than 10 and hemoglobin greater than 10) had the standard indices. However, those with hemoglobin higher than 10 had indices closest to the standard level. In the study by Khoshrang et al., 2013, pre-operative hemoglobin was identified as an influencing factor in increasing the demand for blood and cross-matched units, so the individuals with hemoglobin less than 7 had higher MSBOS indices than the other groups ($p < 0.380$).¹⁶ In the study by Feliu et al., 2014, the MSBOS indices

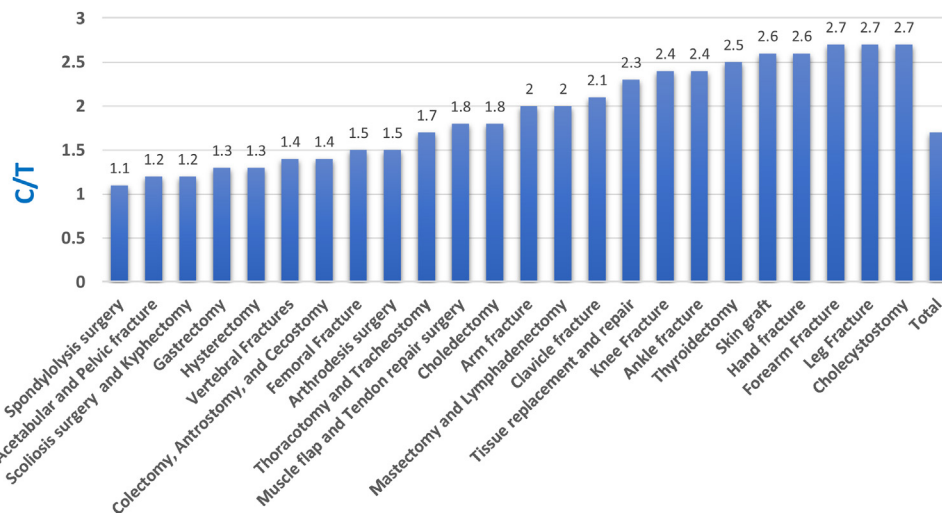


Figure 1 – Descriptive analysis of C/T in different surgeries.

obtained in the group with hemoglobin over 10 were not at the standard level ($T\% = 8$, $C/T = 8.62$, $TI = 0.11$).¹⁷

In the present study, in the evaluation of the MSBOS indices in patients with underlying disease, all the indices were at the standard level. However, the individuals without any underlying disease had indices closer to the standard level, compared to those with at least one underlying disease. Some individuals may have multiple underlying diseases at the same time, so it is necessary to examine the influence of each disease separately and evaluate its effect on the MSBOS indices in future studies. In the present study, patients with diabetes had the highest C/T ratio (1.9), compared to others. Similarly, in the study by Sandoughdaran et al., 2013, diabetes was one of the main predictive factors for an intraoperative blood transfusion. Other factors included gender, body mass index (BMI), pre-operative hemoglobin, smoking and hypertension. However, their study was focused solely on the CABG (Coronary Artery Bypass Grafting) surgeries.¹⁸

According to the study previously conducted at the Poursina Hospital in 2015,¹¹ compared to the present study, the hospital has improved over time. Following the instruction of the MSBOS at this hospital, the cost of hospital and patient costs and the workload imposed on the blood bank staff has been reduced. However, as noted, the amount of blood requested in this hospital was higher than the desired amount, which means that only 38.32% of all requested blood units were transfused. The importance of being attentive to the MSBOS guidelines, reviewing hospital guidelines, inspecting them for compliance and, ultimately, providing more facilities for blood transfusion is paramount.

Conclusion

In summary, the results of this study indicated that the blood transfusion and cross-match request at Poursina Hospital in Rasht is in good condition. Among the factors for its success may be the adequate level of knowledge of all those involved in the process of blood transfusion, including surgeons, surgical assistants, anesthesiologists and blood bank

staff, as well as in all the instructions communicated to the hospital regarding blood transfusions. In this study, all the MSBOS indices were at the standard level, although the C/T indices were higher than the standard level in the surgeries for cholecystectomy, leg fracture, forearm fracture, hand fracture and skin graft. Blood requests were also excessive throughout the surgery, compared to the number of cross-matched and injected units, requiring more monitoring of the number of blood unit requests, especially in the listed operations and in compliance with the MSBOS guidelines.

Ethical considerations

In this study, the required information was extracted from patient files, without mentioning their names in the research to preserve patient privacy. In addition, we received ethical exemption status from the Research Ethics Committee at the Guilan University of Medical Sciences.

Conflicts of interest

The authors declare no conflicts of interest.

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